



# THE KNIGHT'S NEWS!

Allandale Heights Public School | 124 Bayview Dr., Barrie, On. L4N 3P4 | Tel.: 705-728-3601

Visit us on the web: <http://all.scdsb.on.ca> Follow us on Twitter @AllandaleKnight Instagram @allandaleheights

## ISSUE NO. 7 – March 2018

Principal: Mrs. P. Hamilton

Vice Principal: R. Meraska

Superintendent: P. Murphy

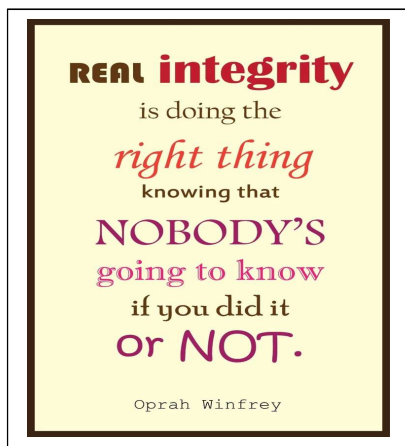
Trustee: J. Cameron

### Welcome to Kindergarten

Do you or someone you know have a child who was born in 2014? If so, it's time to register them for Kindergarten! Elementary schools are now registering children for Kindergarten for the 2018-19 school year. Required registration documents include birthdate documentation, proof of address and immunization records. Visit [www.scdsb.on.ca/kindergarten](http://www.scdsb.on.ca/kindergarten) for more information.

Allandale Heights will be hosting its Welcome to Kindergarten Night for Year 1 students starting in September on May 30<sup>th</sup> from 6-7pm

### March Character Trait is **INTEGRITY**:



### Allandale Heights 50<sup>th</sup> Anniversary

Please join us on Thursday April 19, 2018 to celebrate the 50<sup>th</sup> anniversary of Allandale Heights Public School. Doors will open at 4:00 pm, with a ceremony taking place at 6:30 pm. Please mark

this exciting event on your calendar and look forward to seeing everyone there.

### Allandale Heights School Yearbooks

Allandale Heights 2017-2018 yearbooks are on sale for a cost of \$20. Order yours soon as the deadline is April 20<sup>th</sup>. Orders can be placed on School Cash Online or sent back to school with the order form that was sent home.

### School Council

Our next School Council meeting is **April 9<sup>th</sup> at 5:00 p.m.** Come out and meet other interested Allandale parents!

### New Path offering child and youth mental health walk-in clinics

New Path now offers Child and Youth Mental Health Walk-In Clinics in five office locations throughout Simcoe County: Alliston, Barrie, Bradford, Collingwood and Orillia. The Walk-In Clinic provides a single session to children, youth and families who require support for emotional, relationship or behavioural challenges. The Walk-Clinic can be accessed by children, youth and families as often as they require support. Children, youth and families can self-refer by attending one of the walk-in clinic locations across the county. Dates and times of the clinics are posted on the New Path website ([www.newpath.ca](http://www.newpath.ca)). For more information, contact New Path's Central Intake Department at 705-725-7656 or from the 905 area code in Simcoe County by calling 1-866-566-7656.

### Parents invited to information sessions about special education

The SCDSB is hosting a series of information sessions for parents/guardians to learn about special education in the SCDSB, and how to support students with special education needs.



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## April 16

Understanding Alternative/Non-Academic  
IEP Goals

All sessions take place from 6 to 7 p.m. at the SCDSB Education Centre, located at 1170 Highway 26 in Midhurst. No registration required.

[www.simcoemuskokahealth.org](http://www.simcoemuskokahealth.org).

Information provided by the Simcoe Muskoka District Health Unit

## Packing a healthy school lunch

A school lunch should give children the energy and nutrients they need to be ready to learn, be more alert and perform better at school. When planning lunches keep these tips in mind:

- include one serving from at least three of the four food groups from Canada's Food Guide
- rather than buying pre-made lunch kits, make your own healthy lunch kit with divided containers and small, bite-sized cheese cubes, cooked chicken chunks, veggie sticks or fruit slices
- get your kids to eat more veggies - send cucumber coins, zucchini sticks and pepper strips with dip
- fill whole wheat or multigrain wrap/pits/tortilla shells with your child's favourite foods such as hummus and grated carrot or sliced turkey with honey mustard
- don't have them drink their fruit...send water instead

Looking for more information to help keep you and your family healthy? Call Health Connection at 705-721-7520 or 1-877-721-5720 to speak with a public health nurse or visit the health unit's website at [www.simcoemuskokahealth.org](http://www.simcoemuskokahealth.org).

## Allandale Math Corner

*The Ontario Curriculum: Mathematics* has been designed so that students build their

understanding of mathematics as they progress from K to Grade 12. In designing lessons to help students achieve the curriculum expectations, teachers employ a balanced variety of instructional strategies including problem solving, direct instruction, investigation, assessment, and practice. An important goal of the curriculum is that students be able to apply the mathematics that they have learned in real-world situations. To find out more about the Ontario Mathematics curriculum, please go to [www.mathies.ca](http://www.mathies.ca). At this website, you will find a variety of games, learning tools, activities, and additional supports that have been specifically designed to help students to achieve the expectations in *The Ontario Curriculum: Mathematics*. There is also a Parents page that will provide more information on how you can help your child to succeed in the mathematics classroom.

## Please pick up after your Dogs!

We have had an increase of dog poop being left on our schoolyard. Please remind friends and neighbours to please pick up after their dogs when using our school fields. Help us keep our kids safe!

## Upcoming Dates

Mar 23<sup>rd</sup>, Pizza Day  
Mar 5<sup>th</sup> – School Council @5pm  
Mar 9<sup>th</sup> – Dance-a-thon  
Mar 12-16 – March Break  
Mar 26<sup>th</sup> – Hot Dog Day  
Mar 29<sup>th</sup> – Twin/Multiples Spirit Day  
Mar 30<sup>th</sup> – Good Friday (no school)  
Apr 2<sup>nd</sup> – Easter Monday (no school)  
Apr 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> – Pizza Day  
Apr 19<sup>th</sup> – 50<sup>th</sup> Anniversary Celebration  
Apr 20<sup>th</sup> – Character Ed Assembly 9:30  
Apr 30<sup>th</sup> – Hot Dog Day



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