



# THE KNIGHT'S NEWS!

Allandale Heights Public School | 124 Bayview Dr., Barrie, On. L4N 3P4 | Tel.: 705-728-3601

Visit us on the web: <http://all.scdsb.on.ca> Follow us on Twitter @AllandaleKnight Instagram @allandaleheights

## ISSUE NO. 9 – May 2018

Principal: Mrs. P. Hamilton

Vice Principal: R. Meraska

Superintendent: P. Murphy

Trustee: J. Cameron

### May's Character Trait is: **RESPECT**

*We treat ourselves, others and the environment with consideration and dignity. We demonstrate respect by...*

- Using manners and courteous language
- Behaving appropriately
- Showing people, by the way you treat them, that they are important
- Listening carefully
- Thinking about the feelings of others before you do or say anything
- Listening without interrupting
- Returning what you borrow in good shape
- Being able to disagree with someone without anger or violence "How we treat one another matters."

*Barbara Walters*



### Register now for Before & After School Programs for September 2018

Register now for child care at our school next school year. Your child's space in the program for September 2018 will be considered a priority if completed registration forms have been submitted to the child care operator by **June 30, 2018**. Please contact Lisa Stewart at the YMCA here at Allandale to register your child(ren).

### MINI KNIGHTS WANTED

**APPLY WITHIN!!**

**#born2014**

Allandale Heights is looking for Junior Kindergarten students for the 2018-2019 school year.

If you have a child that was born in 2014 or know of any friends or neighbours who do, please register now!

Required registration documents include birthdate documentation, proof of address and immunization records. Visit [www.scdsb.on.ca/kindergarten](http://www.scdsb.on.ca/kindergarten) for more information.

Allandale Heights will be hosting its Welcome to Kindergarten Night for Year 1 students starting in September on May 30<sup>th</sup> from 6-7pm

### Summer child care options available

The Simcoe County District School Board (SCDSB) supports your child care needs by offering full-day child care programs in select schools across Simcoe County. Twenty schools offer child care programs for children from Junior Kindergarten age to 12 years old. Registration in advance is required. Please contact the child care operator directly to register. More information can be found on our website at [www.scdsb.on.ca](http://www.scdsb.on.ca) – click on 'Schools' then 'Before & After School Care.'

### Upcoming Dates:

- May 4, 11, 25 – Pizza Day
- May 7 – School Council 5:00 pm
- May 9-11 – Book Fair
- May 16 – Neema Children's Choir
- May 18 – PD Day
- May 21 – Victoria Day (No School)
- May 22-25 - Grade 3 EQAO Assessment
- May 28-31- Grade 6 EQAO Assessment
- May 28 – Hot Dog Day
- May 30 – Welcome To Kindergarten 6:00 pm
- June 1 – PD Day



# THE KNIGHT'S NEWS!

Allandale Heights Public School | 124 Bayview Dr., Barrie, On. L4N 3P4 | Tel.: 705-728-3601

Visit us on the web: <http://all.scdsb.on.ca>  Follow us on Twitter @AllandaleKnight  Instagram @allandaleheights

- June 5 – Track & Field (June 6 Rain Date)
- June 8, 15, 22 – Pizza Day
- June 15<sup>th</sup> – Ultimate Tournamnet
- June 22 – Spirit Day (Colour Day)
- June 26 – Grade 8 Graduation
- June 27<sup>th</sup> – Report Cards Home
- June 28<sup>th</sup> – Last Day of Classes



## Scholastic Book Fair will be May 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup>.

Drop by the Library Learning Commons to pick up some great new spring reads! The Book Fair will be open during school hours each

day. Then on Arts Night, May 10<sup>th</sup>, it will be open until 7pm. Please see posted hours of Book Fair on the front door of the school and on the Learning Commons door. Every purchase made brings funds back to our school Library Learning Commons!

## Arts Night May 10<sup>th</sup>



We invite you to join us on Arts Night, May 10<sup>th</sup> from 5-7pm, to celebrate 'Arts at Allandale Heights' for Education Week. You will hear student musicians playing in the

hallways, see student artwork on display and the Scholastic Book Fair will be open in the Library Learning Commons! We look forward to seeing you on Arts Night!

## School's in for summer at the SCDSB

Are you and your child planning their courses for next school year? Looking for a way to create flexibility in their timetable and earn a credit? Consider summer school! Each year, the SCDSB offers a variety of summer programs to over 2,000 students. Summer school options include open, college and university level courses from Grades 9 to 12. Courses are offered in-person or online. Interested students can also travel and earn credits with the summer EduTravel program. Summer school program details can be found on the Learning Centres website at [www.thelearningcentres.com](http://www.thelearningcentres.com). Current SCDSB students should speak to their guidance counsellor for

information and to register. Register now so that your summer school choices align with course selection for next year!

## Parents invited to information session about special education on May 16

The Simcoe County District School Board is hosting a series of information sessions for parents/guardians to learn about special education and how to support students with special education needs. The last session takes place this month:

**Date:** May 16

**Time:** 6 to 7 p.m.

**Location:** SCDSB Education Centre, 1170 Highway 26, Midhurst

**Topic:** Understanding Alternative/Non-Academic Individual Education Plan (IEP) Goals

No registration is required. You can also join this session from home via Google Meet using this link: [meet.google.com/zfg-egau-wgp](https://meet.google.com/zfg-egau-wgp). Those joining via Google Meet will need to 'mute' while watching the session to avoid audio feedback. Parents are welcome to type in questions using the chat option in Google Meet during the event.

## Simcoe Muskoka Skilled Trades Expo - May 17<sup>th</sup>

The Simcoe County District School Board's Ontario Youth Apprenticeship Program (OYAP) and partners are hosting the Simcoe Muskoka Skilled Trades Exposition on May 17. There are two parts to the event – a day session for Grade 8 students only and an evening portion open to the public. From 5 to 7 p.m., the public is welcome to attend to speak to employers and industry experts. The Expo takes place at the Elmvale Community Arena, located at 14 George St. in Elmvale. For more information, email [edo@simcoe.ca](mailto:edo@simcoe.ca).



## Stay safe in the sun

It only takes one bad sunburn in childhood to increase the risk of developing skin cancer later in life. As the



# THE KNIGHT'S NEWS!

Allandale Heights Public School | 124 Bayview Dr., Barrie, On. L4N 3P4 | Tel.: 705-728-3601

Visit us on the web: <http://all.scdsb.on.ca>  Follow us on Twitter @AllandaleKnight  Instagram @allandaleheights

weather gets warmer, follow these sun safety tips to keep you and your family safe:

- use a broad spectrum sunscreen with SPF 15 or higher and SPF 15 lip balm
- apply sunscreen 20-30 minutes before going outside (even on cloudy days) and always follow the label instructions
- apply sunscreen to any exposed areas of skin – nose, ears, back of neck, tops of feet, etc.
- reapply sunscreen every 2-3 hours and after sweating or swimming
- wear loose, long sleeved shirts and pants, a large-brimmed hat and sunglasses
- if possible, avoid being in the sun between 11 a.m. and 4 p.m.
- when you're outside, look for shade

For more sun safety tips, visit

[www.simcoemuskokahealth.org](http://www.simcoemuskokahealth.org) or call Health Connection at 705-721-7520 or 1-877-721-7520 to speak with a public health nurse.

*Information provided by the Simcoe Muskoka District Health Unit*



## Summer camp can be a life-changing experience

According to a recent study from the University of Waterloo, the positive development that children and youth experience at summer camp results in sustained behavioural changes at home, school and in the community. Friendships blossom, self-confidence emerges and independence grows – helping children and teens build resilience to help them face new challenges throughout their lives. Here are four life skills fostered at summer camp:

- **Increased independence and self-confidence** – Camp is the perfect place for kids to practice

making decisions for themselves without parents and teachers guiding their every move.

- **Making new friends and being part of a positive group** – Free from the social expectations pressuring them at school, camp encourages kids to relax and make friends easily.
- **Increased environmental awareness** – When children are connected to their environment, they are healthier and happier. Summer camp provides kids with the opportunity to “unplug” from technology and enrich their perception of the world, while enjoying the great outdoors.
- **Improved attitudes towards physical activity** – Children spend so much time indoors these days and mostly sitting down. A recent Statistics Canada study found that only seven per cent of youth aged six to 19 got the recommended hour a day of exercise they need. Summer camp is a great way for kids to get outside and move.

The benefits of camp are plenty – from life lessons beyond the classroom to appreciating nature and building confidence and leadership skills. Learn more about the YMCA of Simcoe/Muskoka camps at [YMCASummerCamp.Ca](http://YMCASummerCamp.Ca).

*Information provided by the YMCA of Simcoe/Muskoka*



# THE KNIGHT'S NEWS!

Allandale Heights Public School | 124 Bayview Dr., Barrie, On. L4N 3P4 | Tel.: 705-728-3601

Visit us on the web: <http://all.scdsb.on.ca>  Follow us on Twitter @AllandaleKnight  Instagram @allandaleheights