



THE KNIGHT'S NEWS!

Allandale Heights Public School | 124 Bayview Dr., Barrie, On. L4N 3P4 | Tel.: 705-728-3601

Visit us on the web: <http://all.scdsb.on.ca>  Follow us on Twitter @AllandaleKnight  Instagram @allandaleheights

ISSUE NO. 3 – November 2021

Principal: Mrs. J. De Cola

Vice Principal: F. Van Arragon

PRINCIPAL'S NOTES

It's November and every day our students move a little further ahead in their learning! We see many great things happening in our classrooms and are happy to see more rhythm and routine developing as we continue to adjust back to in-school learning. Just recently you would have received your child's progress report and had an opportunity to meet with your child's teacher for a student-led conference. We are happy to see the progress our students are making as they work hard every day. Our teachers have also been very busy using the curriculum to plan purposefully, differentiate instruction and to develop learning goals and success criteria to guide students on their assignments. The feedback provided to students on assignments by their teachers will assist students to apply this feedback on subsequent tasks. Please ask your children what they are learning and how they will know if they are being successful. These high yield strategies will ensure that a wide range of instructional practices and assessment strategies are used in program planning and delivery to address all student needs.

We believe that achieving success results from a strong partnership between the school and home. Thank you to parents for supporting your children as they complete homework assignments, prepare for quizzes and tests and practice their reading, writing and problem-solving skills. Working together ensures success for all.

We continue to follow careful Covid-19 safety protocols in our school to ensure everyone's safety. Our students remain in cohorts, wear masks throughout the entire day, and frequently wash or sanitize their hands. If you are dropping off or picking up your child, please be reminded to stay back at the edge of the tarmac and wear a mask for everyone's safety. Thank you for your diligence.

We're excited to have our portable class up and running now. Mr. Armstrong's grade 4/5 class has now moved into their "home" and our library is available for regular use again. Our gym is being regularly used by classes as well. School sports are still on hold so we will wait for further communication from the school board to let us know when these extracurricular activities can proceed.

With just a few weeks to go before our winter break, we encourage all our students keep doing their best in their learning. Thank you to all our families for your support at home in helping students to be ready and successful at school each day.

Jan DeCola

Principal

We're Building Character

November 's Character Trait is

COURAGE:

**We do the right thing even when its
difficult!**



THE KNIGHT'S NEWS!

Allandale Heights Public School | 124 Bayview Dr., Barrie, On. L4N 3P4 | Tel.: 705-728-3601

Visit us on the web: <http://all.scdsb.on.ca>  Follow us on Twitter @AllandaleKnight  Instagram @allandaleheights

WE NEED YOUR HELP TO KEEP STUDENTS SAFE AT ARRIVAL AND DISMISSAL

The safety of our students is our top priority. Arrival and dismissal are busy times at our school. We need to work together with parents/guardians and childcare providers to make sure students are safe.

Here are key points to be aware of when planning pick up and/or drop-off of students:

- Supervision starts at 8:40AM which is fifteen (15) minutes before bell time and ends at 3:30PM which is fifteen (15) minutes after bell time. School staff will contact the parent/guardian, followed by emergency contact, for any student who is not picked up within this time. If late pickup happens often, additional support services may be involved.
- If parents/guardians arrange for other people to pick up their children, like a private childcare provider, the parent/guardian is responsible to ensure the alternate person/program is here on time and the office is notified.
- Designated bus loading zones are out-of-bounds during arrival and dismissal times, with the only exception being Simcoe County Student Transportation Consortium buses.
- Unattended vehicles must be parked in an approved parking space with the engine turned off. We encourage the use of our Kiss n' Ride to reduce the need for parking. **IDLING ON SCHOOL PROPERTY IS PROHIBITED.**
- If you live in a walk zone, the best way to get to school is by walking or biking. This promotes physical activity, helps the environment and minimizes traffic around schools during busy times.

Here are some tips if you do have to drive to school:

- watch your speed and be aware of students and staff
- follow the rules of the school's safe drop off and pick up procedures
- have respect for the surrounding community - don't block resident driveways or businesses

Visit barrie.ca/ActiveTransportation to learn about all the ways you can get around your community actively and safely.

Information provided by The City of Barrie

STUDENT ENTRY ROUTINES

We thank all of our parents and guardians for their co-operation with dropping their children off in the appropriate areas in the morning. Ask your child about boundaries on the yard. We have certain areas for different grades and all students must remain in their assigned zones. **Please remember that the yard is not supervised until 8:40 each morning. Students should not be on the yard before this time.**

END OF DAY ROUTINES

Please DO NOT telephone the school with last minute changes to transportation plans at the end of the school day, unless it is an emergency. Make arrangements ahead of time, be organized, and be considerate. We need your cooperation and appreciate your concern for the safety of all of our students.

Photo Retake Day is coming....

If your child missed picture day not to worry!!!

Photo retakes will be on DECEMBER 1st 2021.

As well Edge imaging has graciously extended our order due date to November 22nd to receive free shipping on the first round of photos taken. This will also be extended for those who opt for retakes. As well If your student has lost their photo proof slip, not to worry, we can help. Just simply call the school front office and request the photo codes for

DOG REMINDER

Many of our families have dogs and other pets. Most of them are friendly and obedient members of your families. However, in order to respect the safety and sensitivities of all our families, dogs (leashed or not) are **not permitted** on school property. This includes puppies and purse pooches. Please help us to keep the school property a safe and welcoming environment for all our students, parents and staff.





THE KNIGHT'S NEWS!

Allandale Heights Public School | 124 Bayview Dr., Barrie, On. L4N 3P4 | Tel.: 705-728-3601

Visit us on the web: <http://all.scdsb.on.ca>  Follow us on Twitter @AllandaleKnight  Instagram @allandaleheights

SKATEBOARDS, SCOOTERS AND OTHER WHEELS

We have many students who ride bikes, skateboards or scooters to school. Once on property, the expectation is that bikes are to be locked in the racks, skateboards or scooters are to be parked. This is to ensure that no one is hurt. Please follow these guidelines, as it is nice to be able to ride to school. Those who cannot follow the rules will be asked to leave their wheels at home.

Punctuality is a Life Skill

We have noticed many students have been arriving to school late on a regular basis. School begins promptly at 8:55am Monday to Friday. Please ensure that your child is at school before this time in order to avoid disturbances to student learning and out of respect to our students and staff. Punctuality is a life skill and is necessary to obtain employment and meet deadlines. Please model this trait for your children by helping them to get to school on time.



MINI KNIGHTS PROGRAM..... Recognition for Random Acts of Kindness at Allandale Heights

Our 'Gotcha' Program is back at Allandale Heights again this year. When students and staff want to acknowledge a 'random act of kindness' or good character they have seen, they can fill out a Mini Knight Form and give it to the recognized individual. The sheets are collected at the office and a draw for a prize will be done each Friday.

High school information nights for Grade 8

Is your child starting Grade 9 next year? High school information events will take place this winter. Student leaders and staff at the school will give an overview of what's new and what to expect. Different pathways and courses offered will be explained, as well as information about teams and clubs. Please visit your high school's website for more information.

Winter is coming... ❄️❄️❄️

Bus cancellation information reminder



All information regarding cancelled buses in Simcoe County is posted on the Simcoe County Student Transportation Consortium (SCSTC)'s bus information website at www.simcoecountyschoolbus.ca. Our school is in the Central zone. When buses are cancelled, schools remain open for student learning, unless otherwise noted.

The Consortium and bus operators try to make the decision to cancel school buses before 6 a.m. and make every effort to post announcements before 7 a.m. Inclement weather cancellations are effective for the whole day and buses cancelled in the morning will not run at the end of the day. You can follow the Consortium on Twitter [@SCSTC_SchoolBus](https://twitter.com/SCSTC_SchoolBus) for bus cancellations and other information. You can also subscribe to receive bus delay notifications here: <https://scstc.ca/Subscriptions>.

Soon we will have snow on the ground and piled up. Please remind your child, that snow must stay on the ground at all times. We can roll in it, play in it, be creative and build things with it, but it must stay on the ground. Thank you for your support in reinforcing this with your child.

Parents please stay off the tarmac area

Please be reminded that before and after school, parents are asked to remain off the tarmac area. When dropping off your child, please do not walk them up to the school or the student line up. Say your goodbyes at the edge of the grass area and send your child to their line up. In the morning, students are asked to stay on the tarmac. In the afternoon, please wait at the grass for your child to walk to you. Their teacher will make visual contact and send the student to you.



THE KNIGHT'S NEWS!

Allandale Heights Public School | 124 Bayview Dr., Barrie, On. L4N 3P4 | Tel.: 705-728-3601

Visit us on the web: <http://all.scdsb.on.ca>  Follow us on Twitter @AllandaleKnight  Instagram @allandaleheights

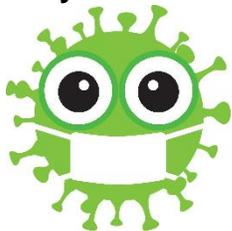
Keep Connected with AHPS and SCDSB

It's important to get accurate information about what's going on at your school and at the Simcoe County District School Board (SCDSB). Here are some ways to do that:

- Subscribe to our school's website by visiting the 'What's New' section at <http://all.scdsb.on.ca>. You can sign up to receive emails about school news updates and information during emergency situations. It's easy to subscribe – visit our website and click the 'Subscribe' link at the very top of the page. Provide your email and click Subscribe, a message will be sent to your inbox with a link to click to confirm that you want to subscribe. You can unsubscribe at any time using the link at the bottom of each email.
- Sign up to receive Simcoe County District School Board (SCDSB) media releases by clicking the 'Subscribe' button at www.scdsb.on.ca. The SCDSB Education Centre can be reached at 705 734-6363.
- Follow the SCDSB on Twitter (@SCDSB_Schools), Facebook (facebook.com/SCDSB) and Instagram (instagram.com/scdsb).
- Follow Allandale Heights P.S. on Twitter (@Allandaleknight)

For school bus transportation information, visit the Simcoe County Student Transportation Consortium's website at: main.simcoecountyschoolbus.ca. Also, remember to bookmark the school bus information page at: simcoecountyschoolbus.ca for bus delay and cancellation information on inclement weather days.

Daily COVID-19 self-assessment



All students and staff are required to complete the daily COVID-19 self-assessment prior to entering SCDSB schools and buildings, using the provincial self-assessment tool. Students or staff with symptoms must stay home from

school. To access the COVID-19 self-assessment tool, please visit <https://covid-19.ontario.ca/school-screening/>.

November 20 is Eat Well to Excel Day in Simcoe County!

Eat Well to Excel (EWTE) is the local student nutrition program in Simcoe County. EWTE is a non-profit community partnership that supports volunteer-run student nutrition programs in over 185 schools/programs (including elementary and secondary schools, learning centres and alternative programs) in Simcoe County. Research shows that students with access to a breakfast program have reduced risk for disease, are more likely to come to school and participate in class, have better test scores and are more likely to graduate.

Here's how you can support your school's EWTE program:

- Donate money via www.eatwelltoexcel.ca - click on 'donate now' (a printable tax receipt will be issued), and be sure to include the school's name in the comment box, otherwise the money will be used to support the purchase of equipment and food for schools with high needs
- Donate money directly to the school
- Share your fundraising ideas. If you have an idea, or would like to assist, please contact the committee via <http://eatwelltoexcel.ca/contact-us/>
- Volunteer – schools are often looking for help to purchase, prepare and serve food
- Join the EWTE partnership committee. To find out more, complete the form at <http://eatwelltoexcel.ca/volunteers/>

For more information, contact us via <http://eatwelltoexcel.ca/contact-us/>.





THE KNIGHT'S NEWS!

Allandale Heights Public School | 124 Bayview Dr., Barrie, On. L4N 3P4 | Tel.: 705-728-3601

Visit us on the web: <http://all.scdsb.on.ca>  Follow us on Twitter @AllandaleKnight  Instagram @allandaleheights

Grade 1 French Immersion information

The Simcoe County District School Board (SCDSB) offers French Immersion (FI) at select schools throughout Simcoe County beginning in Grade 1. The goal of the FI program is to enable students to communicate in French with a high level of proficiency, enabling them to function with ease in both French and English. Upon graduation from the program, students will communicate in French with confidence in a wide variety of real-life situations.

Historically, in-person Grade 1 FI Family Information Nights are held annually in advance of the application process for the following school year. This year, due to restrictions on large group public gatherings, Family Information Nights will be held virtually by the Grade 1 FI sites.

The SCDSB board-wide electronic application dates for the Grade 1 FI program for all sites will be **Wednesday, Dec. 1, 2021**, beginning at **9 a.m.** and ending at **4 p.m.** on **Friday, Dec. 17, 2021**. Consistent with last year's process, the online FI application process will be a randomized lottery system.

Environment Conservation and Parks to ensure corrective actions are carried out and the problem is resolved.

Information provided by the Simcoe Muskoka District Health Unit

SCDSB census

In early 2021 the SCDSB held its first student and workforce censuses. We had almost 27,000 students and over 3,700 staff participate! In October 2021 the initial data from the censuses was released, along with some next steps and areas of focus for the SCDSB. To learn more, visit www.scdsb.on.ca/census.

Join us! A learning series for parents/guardians

Mental health and well-being continues to be a key strategic priority within the SCDSB. We are pleased to announce a new three-year partnership with Pine River Institute (PRI). The Centre for Family Initiatives at Pine River Institute (CFI@PRI) will provide several multi-part learning series focused on student mental health and well-being to SCDSB families, staff and within the SCDSB's broader school communities.

There are five webinars in the learning series specifically planned for parents and guardians during this school year.

- Nov. 23, 2021** Parenting for Positive Mental Health I
- Nov. 30, 2021** Parenting for Positive Mental Health, II
- Jan. 25, 2022** Understanding and Managing Screen Time
- Mar. 29, 2022** Connection/Empathy in Response to Behaviour
- May 19, 2022** Understanding Addiction and Addictive Behaviours

We hope you save these dates in your calendar and join us for these learning opportunities. For more information and to register, please visit the mental health and well-being page on the SCDSB website: <https://bit.ly/3jGaC74>.

Pine River Institute is a live-in treatment centre and outdoor leadership experience for youth aged 13 to 19 struggling with addictive behaviours and often other mental health issues. Combining therapy with a fully-accredited education program, PRI reinforces the healthy life skills required for a successful future. CFI@PRI extends PRI's knowledge, experience and evidence-informed treatment approach to families and



Safe water in our school

The Simcoe Muskoka District Health Unit, along with the Ministry of the Environment, Conservation and Parks, works

with local school boards in their efforts to ensure children are protected from unnecessary exposure to lead from drinking water. All schools are required to flush their plumbing regularly and sample their water to test for lead. Samples must be collected at every tap that provides drinking water or that is used to prepare food or drink for children under the age of 18. Schools are required to test both standing (water that has been sitting in the distribution lines) and flushed water (water which has run through the lines) for lead on a regular basis (e.g. annually). Flushing has been shown to reduce lead levels in water and is a recognized lead reduction strategy. If a school's drinking water test result is above the provincial drinking water standard for lead, the schools communicate these results to the local Medical Officer of Health and the Ministry of the



THE KNIGHT'S NEWS!

Allandale Heights Public School | 124 Bayview Dr., Barrie, On. L4N 3P4 | Tel.: 705-728-3601

Visit us on the web: <http://all.scdsb.on.ca>  Follow us on Twitter @AllandaleKnight  Instagram @allandaleheights

care providers in the community to support youth mental wellness and prevent the need for more intensive interventions. Learn more about PRI by visiting their website at www.pineriverinstitute.com.

Brush as a team until age 8



Baby teeth are important, and kids under age 8 still need help from an adult to brush. Help your child to brush their teeth twice a day for two minutes using a pea sized amount of fluoridated toothpaste. Before school and before bed are two great times to get into the habit of brushing. Cavities can be painful and can lead to infection, so be sure to get any toothaches checked by a dental professional.

The Simcoe Muskoka District Health Unit offers some free dental services for children and teens. Contact *Health Connection* at 705-721-7520 or 1-877-721-7520 or visit www.simcoemuskokahealth.org.

mPower for extra practice

Are you looking for a way to provide extra math practice for your child at home in a fun and engaging format? [TVO mPower](#) is a free digital tool that includes 65+ online games to support the mastery of tough-to-learn math concepts.

TVO mPower's goals are:

1. To provide Ontario students with opportunities to practice important math skills and to foster positive attitudes towards math by making learning fun and engaging.
2. To show students that math is everywhere by connecting math games to the big ideas in science and social studies.
3. To support students in developing 21st century global competencies by integrating skills such as metacognition, problem solving, creativity and citizenship.

TVO mPower is:

- Ontario curriculum-based - aligns with the Ontario mathematics, science and technology and social studies curricula while also supporting the development of global competencies
- Learner-centred - tracks student progress and responds to learners' needs
- Assessment-driven - includes teacher dashboard and educator resources
- Tested and trusted - developed in partnership with Ontario educators and students
- Always free for Ontario students and educators, and now for Ontario families
- Safe and advertising-free
- Available for desktop and laptop computers and iPad tablets

Visit tvompower.com for more information.

Student voices on mental health

Ontario secondary school students, School Mental Health Ontario and Wisdom2Action have launched #HearNowON for 2021. Your voice and perspective is important! Share your ideas on mental health awareness, learning and wellness promotion in Ontario schools.

The #HearNowON 2021 online survey is live and closes Nov. 19, 2021. Contribute your perspective here: https://bit.ly/HearNowON2021_ONecoute2021. Attend a virtual student consultation event and share your perspectives on student mental health with School Mental Health Ontario and Wisdom2Action. This opportunity will gain you volunteer hours and allow you to meet students across the province! Sign up for a virtual forum of your interest here: www.wisdom2action.org/hearnowon/.



THE KNIGHT'S NEWS!

Allandale Heights Public School | 124 Bayview Dr., Barrie, On. L4N 3P4 | Tel.: 705-728-3601

Visit us on the web: <http://all.scdsb.on.ca>  Follow us on Twitter @AllandaleKnight  Instagram @allandaleheights

Updates to the School Screening Tool for the 2021-22 school year - International travel

Recently, the [COVID-19 school and child care screening tool](#) was updated to reflect the return to school requirements for students who are returning from international travel. Individuals who are unvaccinated and returning from international travel, may not attend school or child care for 14 days upon their return. For further clarity, while unvaccinated children and those under the age of 12 are exempt from federal quarantine if they travelled with a fully vaccinated companion, they may not attend school or child care for 14 days upon their return. Individuals with all other quarantine exemptions (e.g. travelling for cross-border custody arrangements, travelling for medical treatment) may continue to attend school or child care.

Face masks

Adults are requested to please be wearing a mask when picking up and dropping off students. For everyone's safety and comfort we ask that you please continue to maintain this protocol.